



Type Designs for Energy Efficient Residential Buildings

Webinar for Stakeholder Consultation

18th June 2020



Implemented by





Project Background



- The **residential sector accounts for 20% of the power consumption** of the country and is expected to grow exponentially in the coming years.
- With **India's commitment to sustainable development** and cutting down carbon emissions the building industry becomes a focus area for future development.
- Initiatives undertaken by agencies like **Bureau of Energy Efficiency (BEE)** and **GIZ** play a major role in **supporting the National Action Plan on Climate Change**.
- This project to Develop **Replicable Designs for Energy Efficient Residential Buildings** will **target the housing stock yet to be built** and ensure that it conforms to the best practices. This will ensure that the **relevant information on sustainable buildings is available** in easy to use format and has a **wide reach**.



The Team



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LEAD CONSULTANCY
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India



Introduction



- The **Catalogue of Type designs for energy efficient Residential Buildings** and all related data will be made available to the users through a web-based tool.
- This **web-based platform** is a learning tool that will help **designers, builders and promoters** of residential buildings to understand the ways of designing **energy efficient buildings**.
- The tool covers various aspects of energy efficient design for residential buildings, bringing to the user **sample designs with detailed simulations** and identified **criteria for measuring the performance** of the building.
- The focus of the project is to **enable the user/ builder/ designer** to easily **adopt energy efficiency** measures into construction **with immediate impact**.
- With the help of this tool the user will be able to select the most suitable **Energy Efficiency Measures (EEMs)** applicable to their building to reach a desired performance bench mark.



Objectives



- The objective of the proposed assignment is **Developing a Catalogue of Replicable Design options for Energy Efficient Residential Buildings.**
- The building designs will set an example of energy and environmental performance that goes **beyond existing standards.**
- The project aims to develop a **design template** for building energy efficient homes, catering to:
 - Various **residential types**
 - Across different **house sizes**
 - In **different climatic zones** across India
- It shall implement energy efficiency through:
 - **Energy efficient design** implementing **passive measures**
 - Selection of **Low energy structure and materials**
 - Selection of **efficient mechanical systems** for thermal comfort
- The stakeholders who can benefit from this project include **builders, designers, home owners, Govt. agencies : Municipalities as well as policy makers.**



Sessions for this webinar



Session 1

'Replicable' Type Designs for energy Efficient Houses

Residential typologies

Principles of planning Energy Efficient buildings

Construction Methodology & materials

Session 2

Session 3

Energy Performance

The Web-tool Package

Session 4



‘Replicable’ Type Designs for Energy Efficient Residential Buildings

Session 1

Part A



What are 'Replicable' Type Designs for energy Efficient Houses?



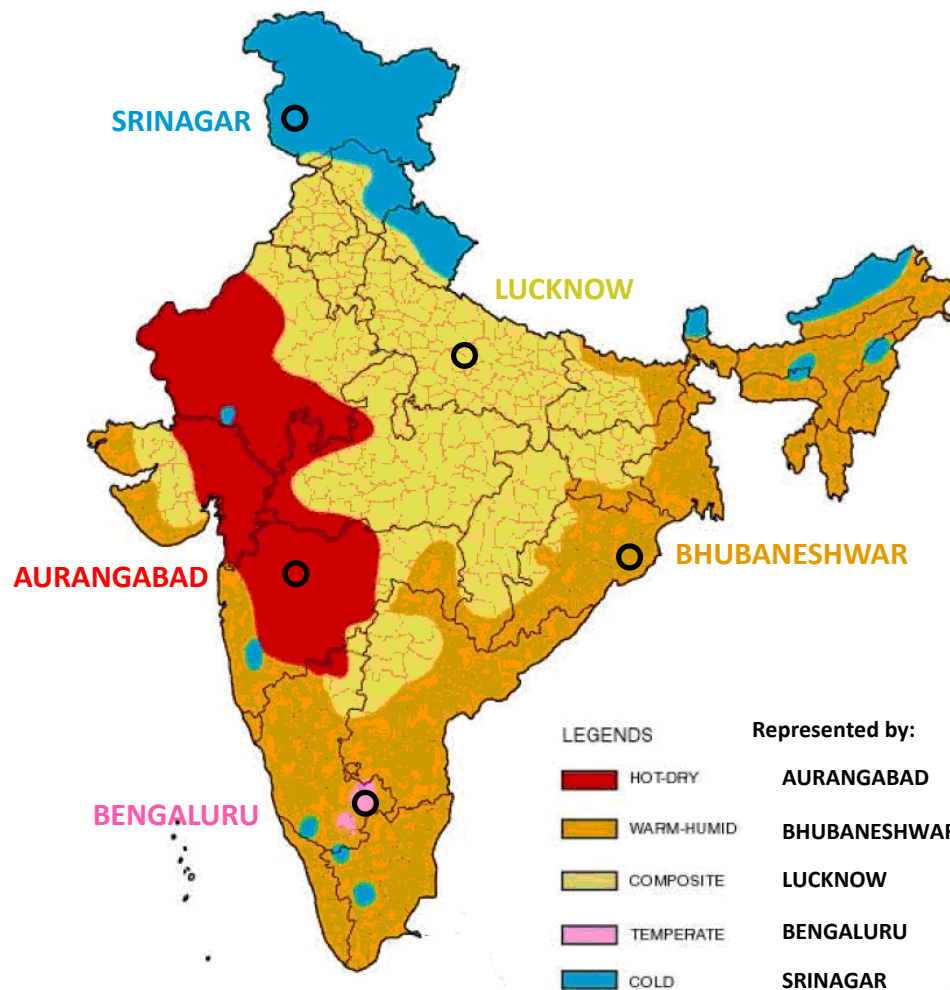
- The type designs are a **medium to learn** about energy efficient design through examples.
- They start with the basic **principle of envelop protection**:
 - For hotter climates by **reducing exposed wall area** at the designing stage itself
 - **Allowing for solar gains** in living zones for colder regions through appropriate orientation & openings.
- The users are encouraged to learn from these case examples the **recommended measures and their impact**, to make an informed choice for their projects. These have to be **adapted and modified as per the specific location** and climate of your interest.



What are 'Replicable' Type Designs for energy Efficient Houses?



- In this study we have selected **5 representative cities** for 5 climate zones based on:
 - Their climate characteristics being a fair representation of the climate zone
 - Their development potential in the coming years.
- These are representative and not absolute solutions for all locations falling in a particular climate zone as **conditions vary geographically.**
- The methodology and rationale of improving energy performance step by step is to be understood from this example and applied for other locations.



Source: National Building Code 2005



Residential Typologies

Session 1

Part B



Residential Typologies



A combination of Expanding horizontally and vertically can lead to various design configurations and layouts:

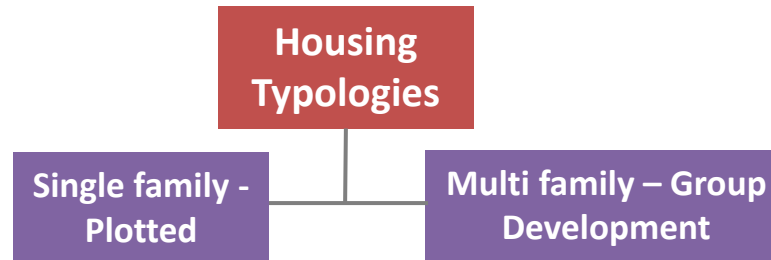




Residential Typologies



Categorization of Residential buildings: Range of building types seen today





Residential Typologies

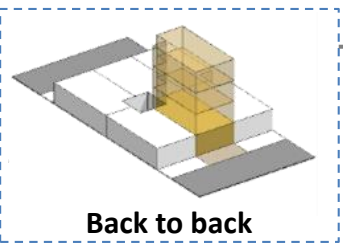


Housing Typologies

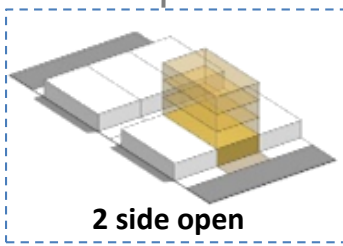
Single family - Plotted

Multi family – Group Development

Row House



Back to back



2 side open



Residential Typologies



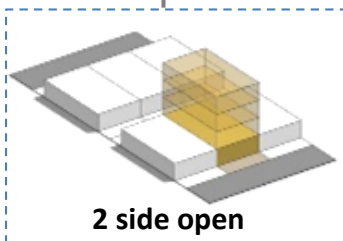
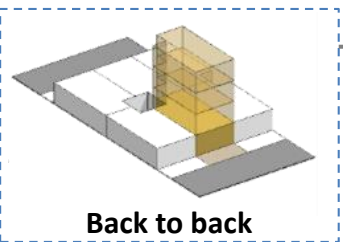
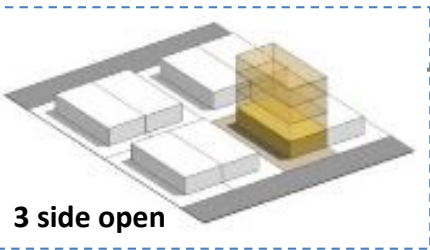
Housing Typologies

Single family - Plotted

Multi family – Group Development

Semi-Detached

Row House





Residential Typologies



Housing Typologies

Single family - Plotted

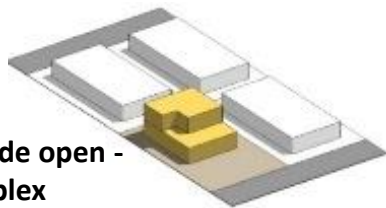
Multi family – Group Development

Detached

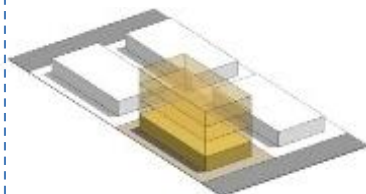
Semi-Detached

Row House

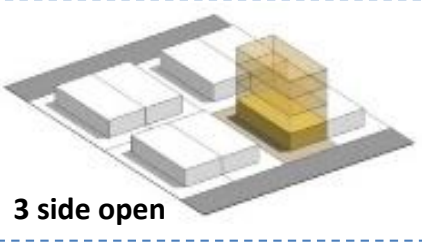
4 side open - Duplex



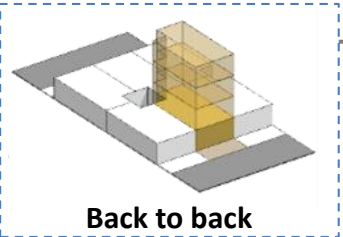
4 side open - Single floor



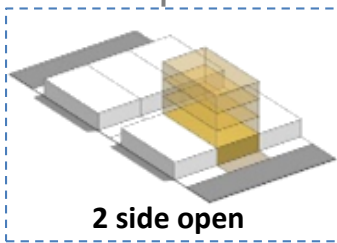
3 side open



Back to back



2 side open





Residential Typologies

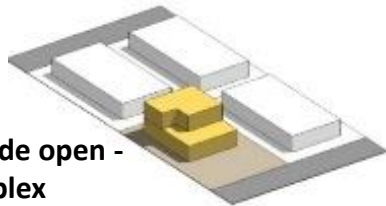


Housing Typologies

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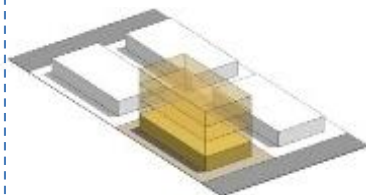
Multi family – Group Development

4 side open - Duplex



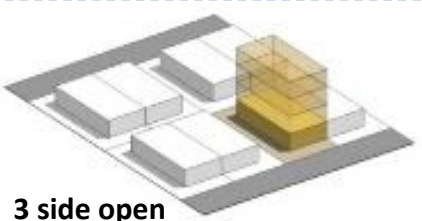
Detached

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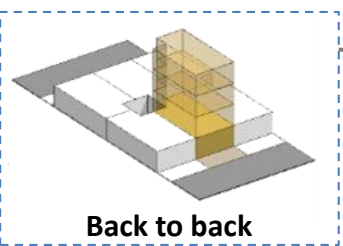
Semi-Detached

3 side open

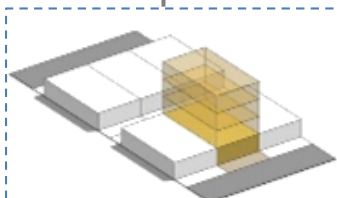


Row House

Back to back

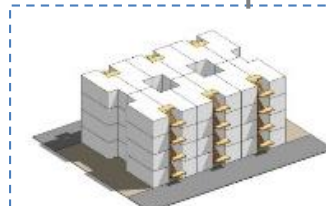


2 side open

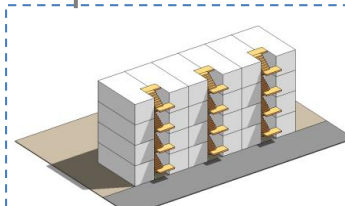


Row House

Back to back



2 side open





Residential Typologies

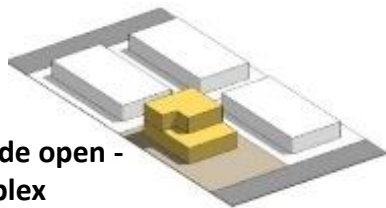


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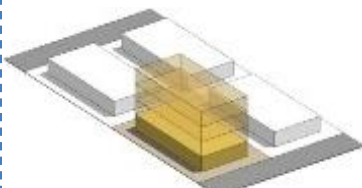
Multi family – Group Development

4 side open - Duplex



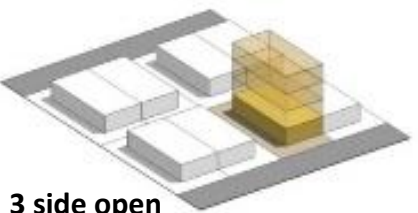
Detached

4 side open - Single floor



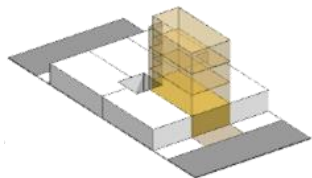
Semi-Detached

3 side open

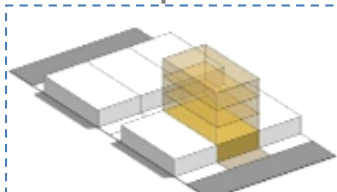


Row House

Back to back



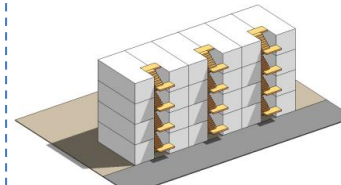
2 side open



Back to back

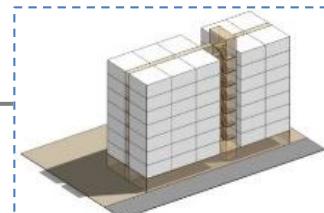


2 side open

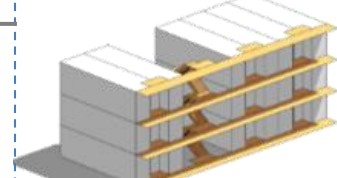


Linear Corridor

Doubly loaded



Singly loaded



Row House



Residential Typologies



Housing Typologies

Single family - Plotted

Multi family - Group Development

Detached

Tower

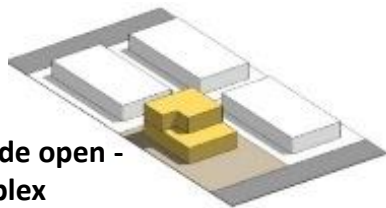
Semi-Detached

Linear Corridor

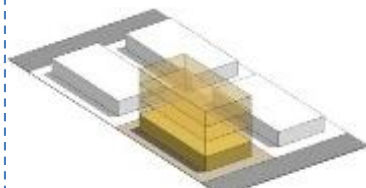
Row House

Row House

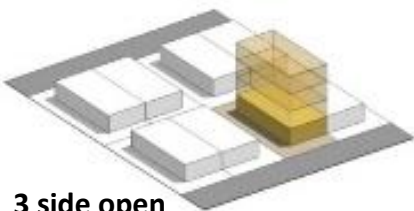
4 side open - Duplex



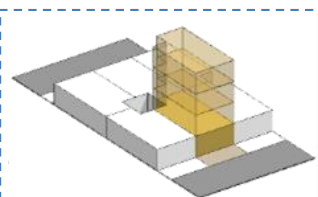
4 side open - Single floor



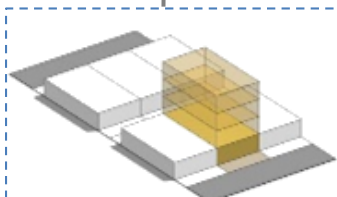
3 side open



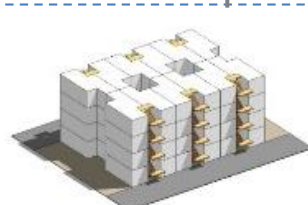
Back to back



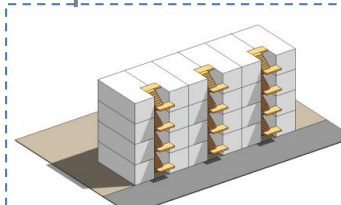
2 side open



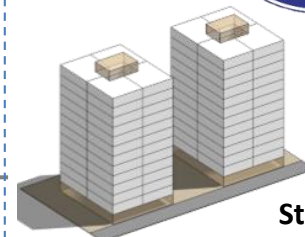
Back to back



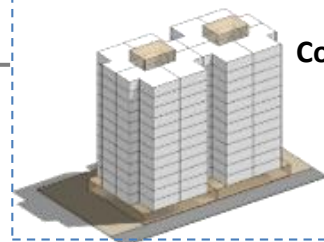
2 side open



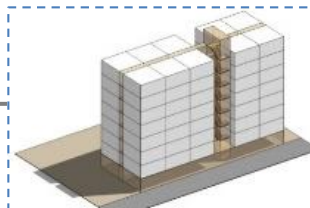
Stand alone



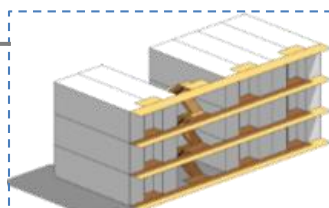
Connected



Doubly loaded



Singly loaded





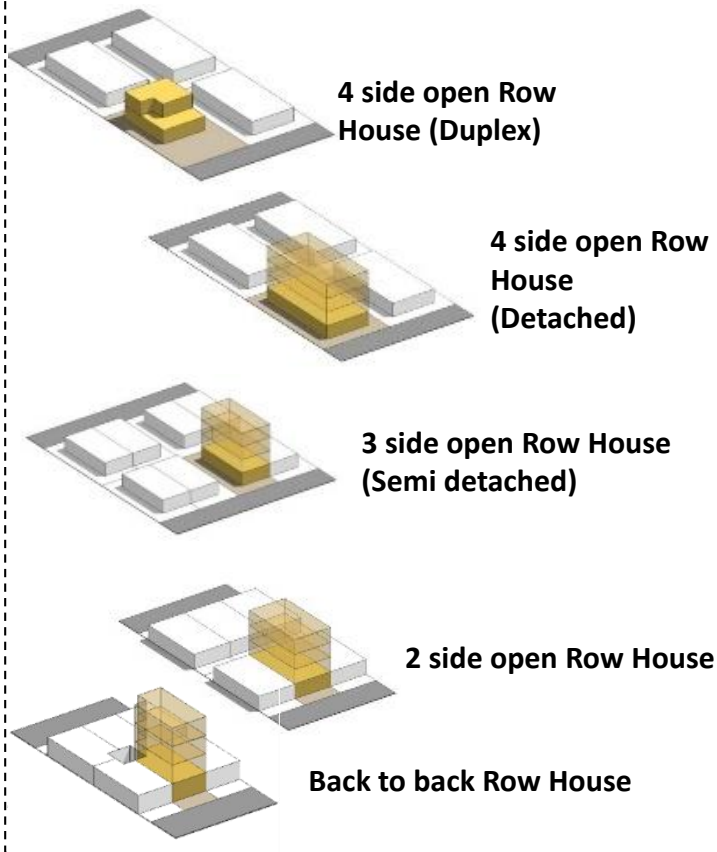
Residential Typologies: Categorization by height



Housing Typologies

Single family - Plotted

Multi family – Group Development



From single upto 4 storey



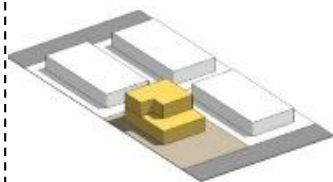
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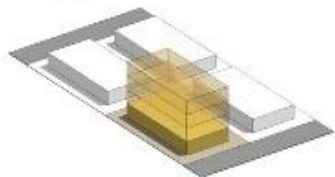
Housing Typologies

Single family - Plotted

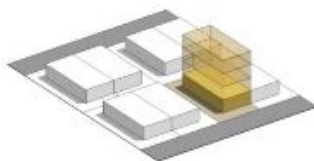
Multi family – Group Development



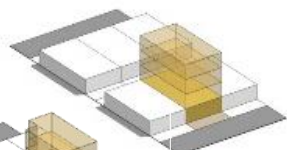
4 side open Row House (Duplex)



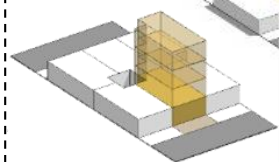
4 side open Row House (Detached)



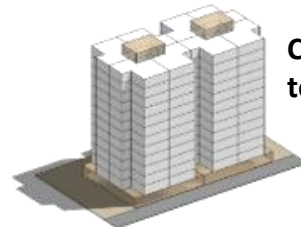
3 side open Row House (Semi detached)



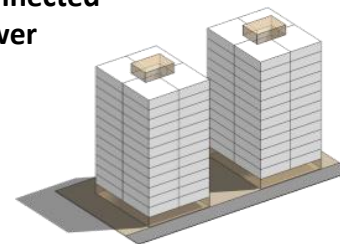
2 side open Row House



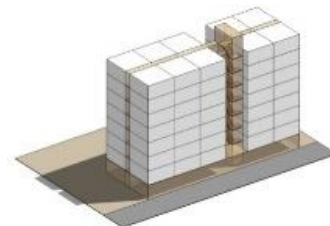
Back to back Row House



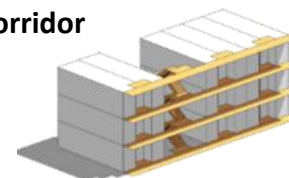
Connected tower



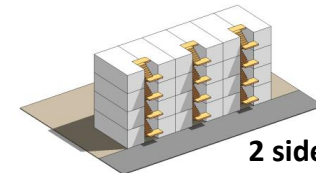
Stand alone tower



Doubly loaded corridor



Singly loaded corridor



2 side open Row House



Back to back Row House

High Rise
G+12

Mid Rise
G+7

Low Rise
G+3

From single upto 4 storey



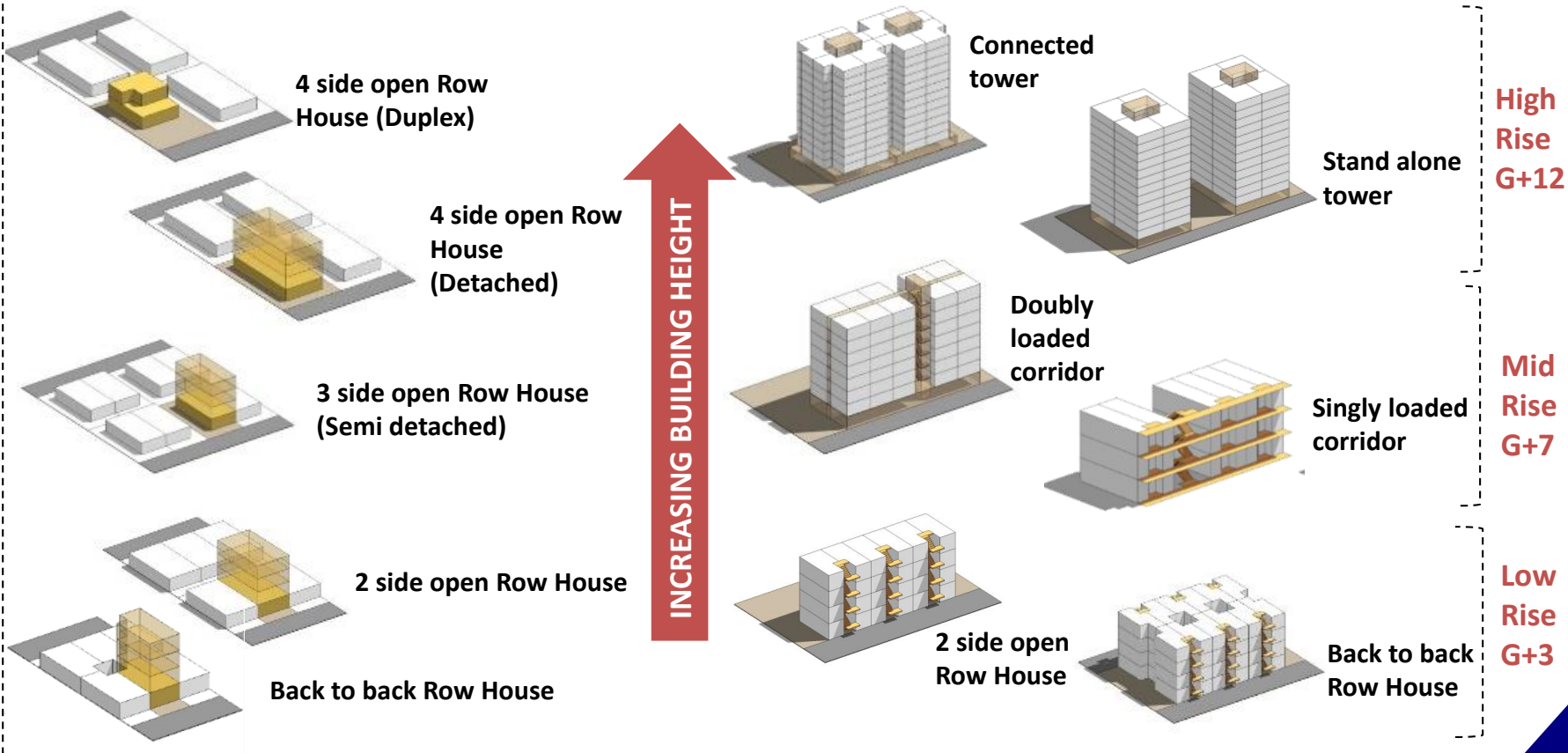
Residential Typologies: Categorization by height



Housing Typologies

Single family - Plotted

Multi family – Group Development



For walk-up row houses low rise works well. For corridor typology mid rise is workable while tower typology works well for high rise



Residential Typologies: Categorization by size

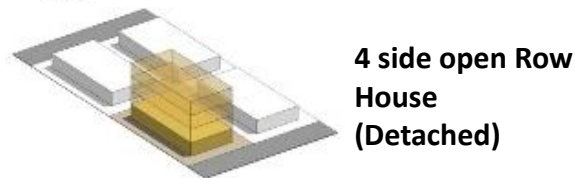
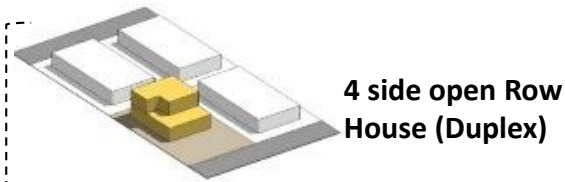


Housing Typologies

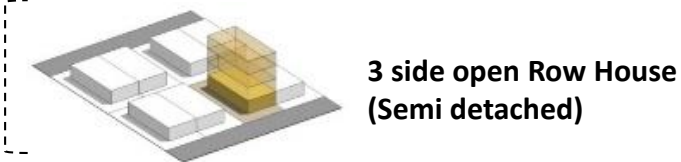
Single family - Plotted

Multi family – Group Development

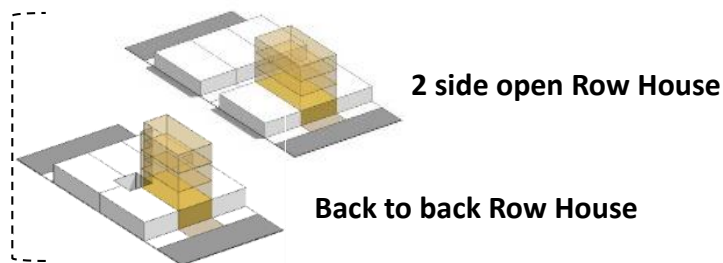
PLOTS
>300
sqm



PLOTS
200-
300
sqm



PLOTS
80-200
sqm



As the plot sizes increase the set back requirements increase resulting in different types



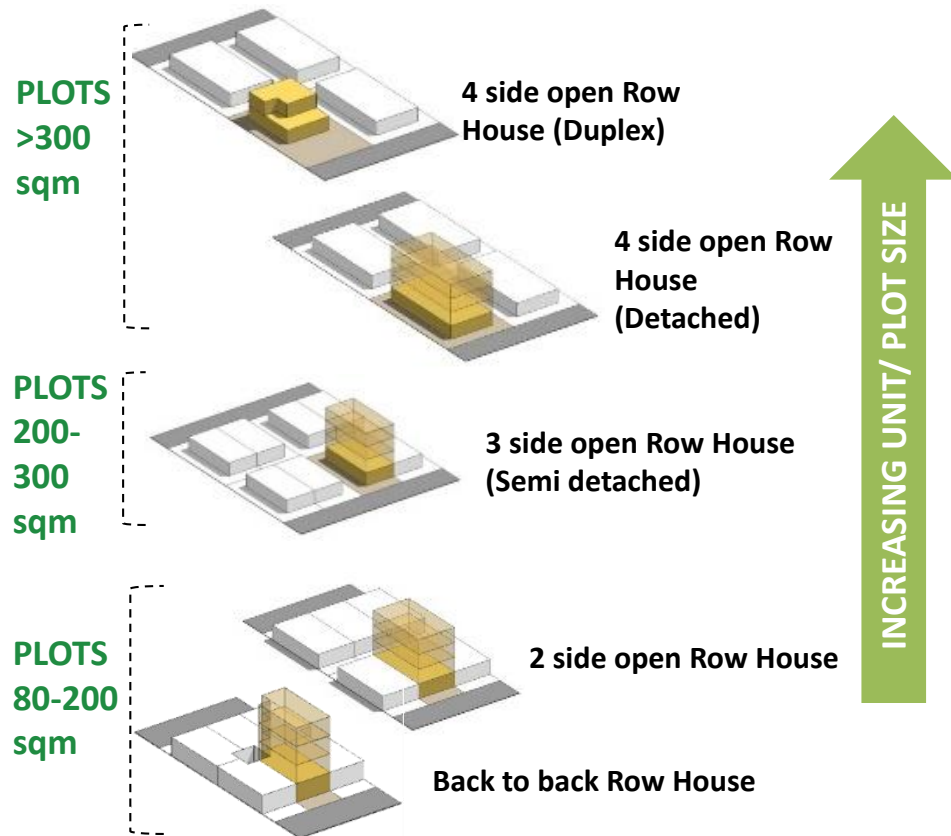
Residential Typologies: Categorization by size



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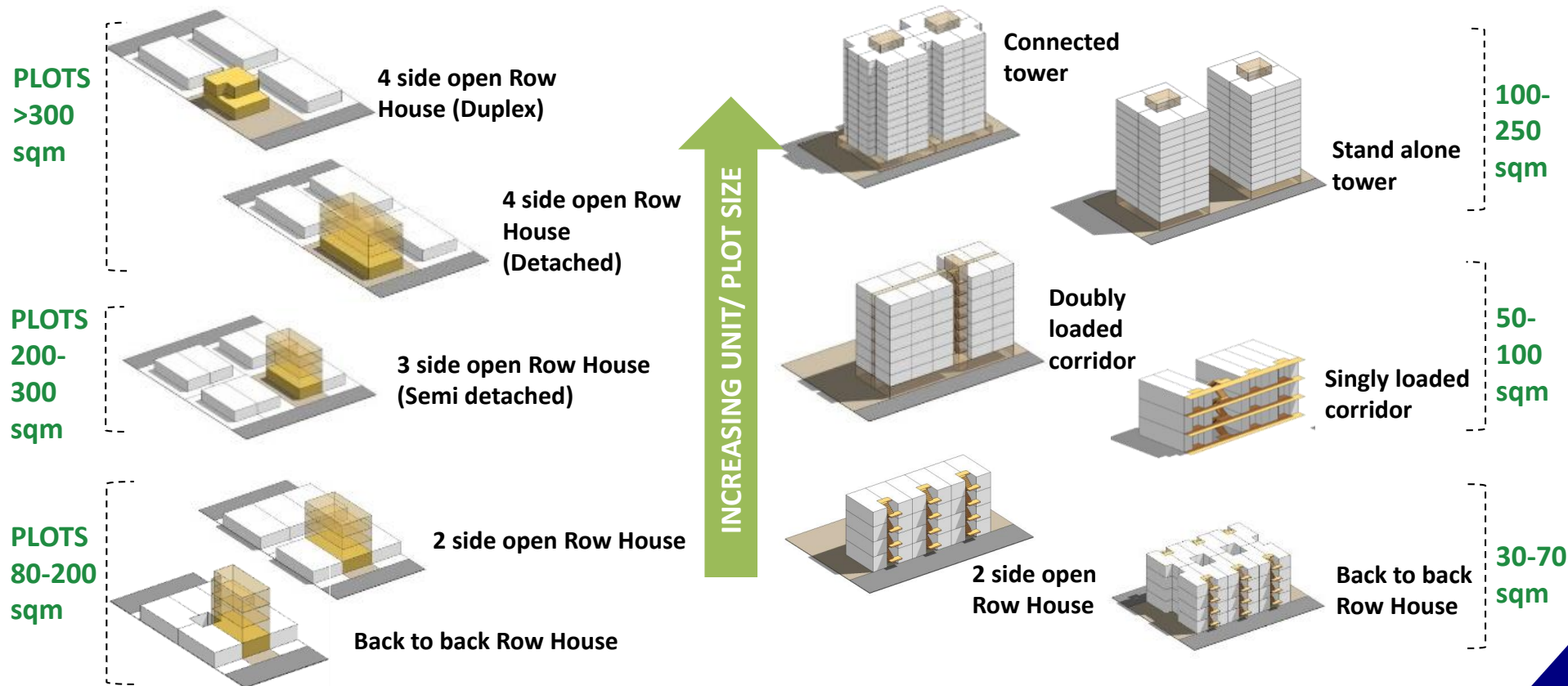
Residential Typologies: Categorization by size



Housing Typologies

Single family - Plotted

Multi family – Group Development



As the plot sizes increase the set back requirements increase resulting in different types

The row house typology is more suitable for smaller homes while the tower typology is more suitable for the bigger homes



Residential Typologies: Trends in Compactness



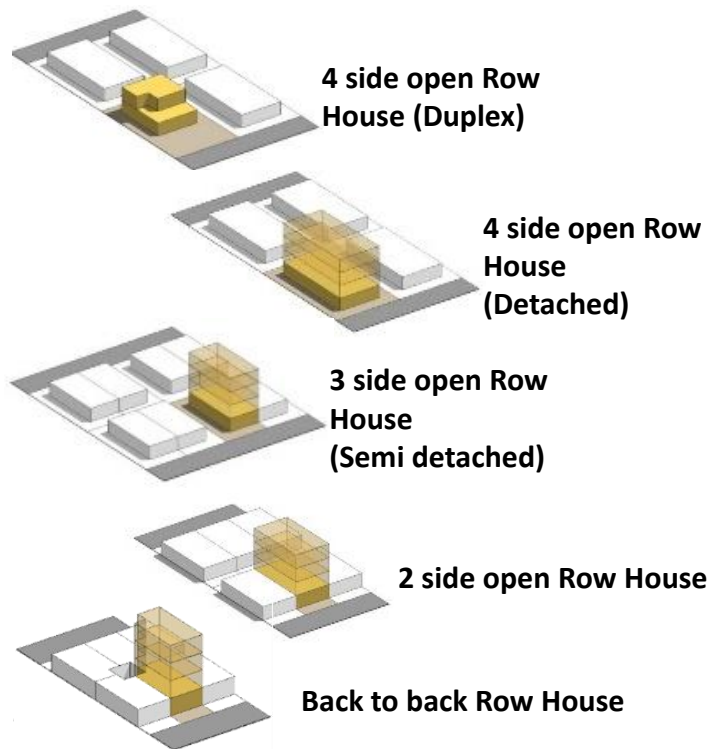
Compactness = Envelope area to Floor Area Ratio

Compactness depends on the geometry of the building and it varies with typology

Housing Typologies

Single family - Plotted

Multi family – Group Development





Residential Typologies: Trends in Compactness



Compactness = Envelope area to Floor Area Ratio

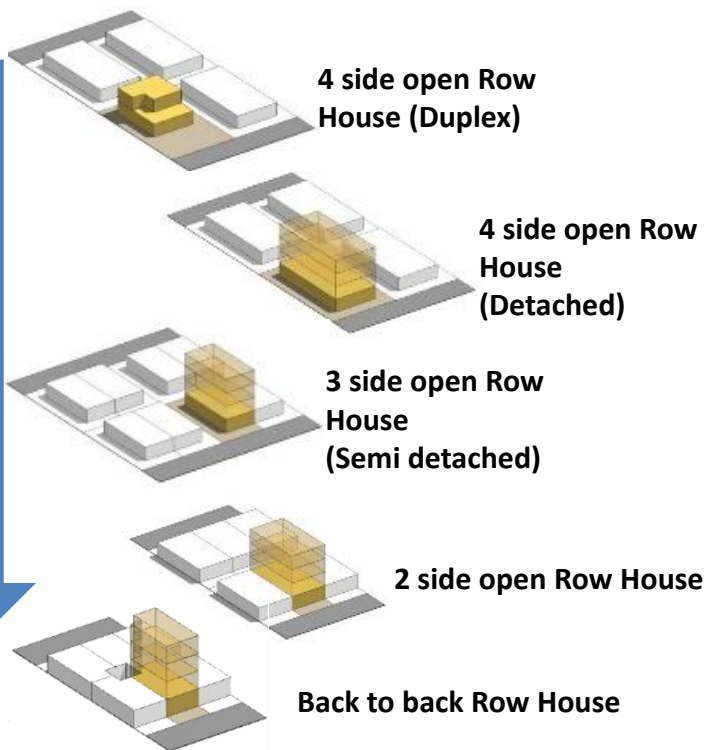
Compactness depends on the geometry of the building and it varies with typology

Housing Typologies

Single family - Plotted

Multi family – Group Development

INCREASING COMPACTNESS



The compactness decreases as the wall to floor area ratio increases. This is an important factor to limit the area of external envelop exposed to the outside.



Residential Typologies: Trends in Compactness



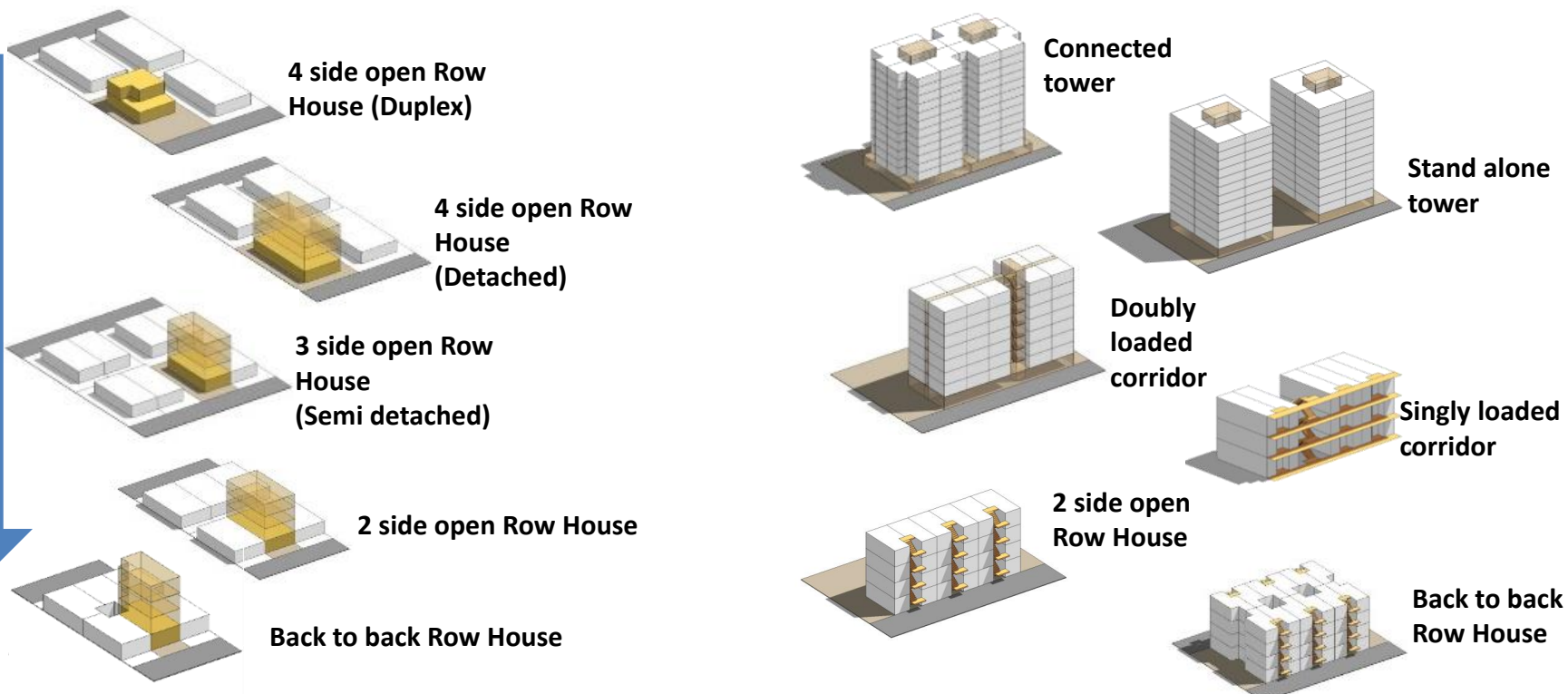
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Residential Typologies: Trends in Compactness



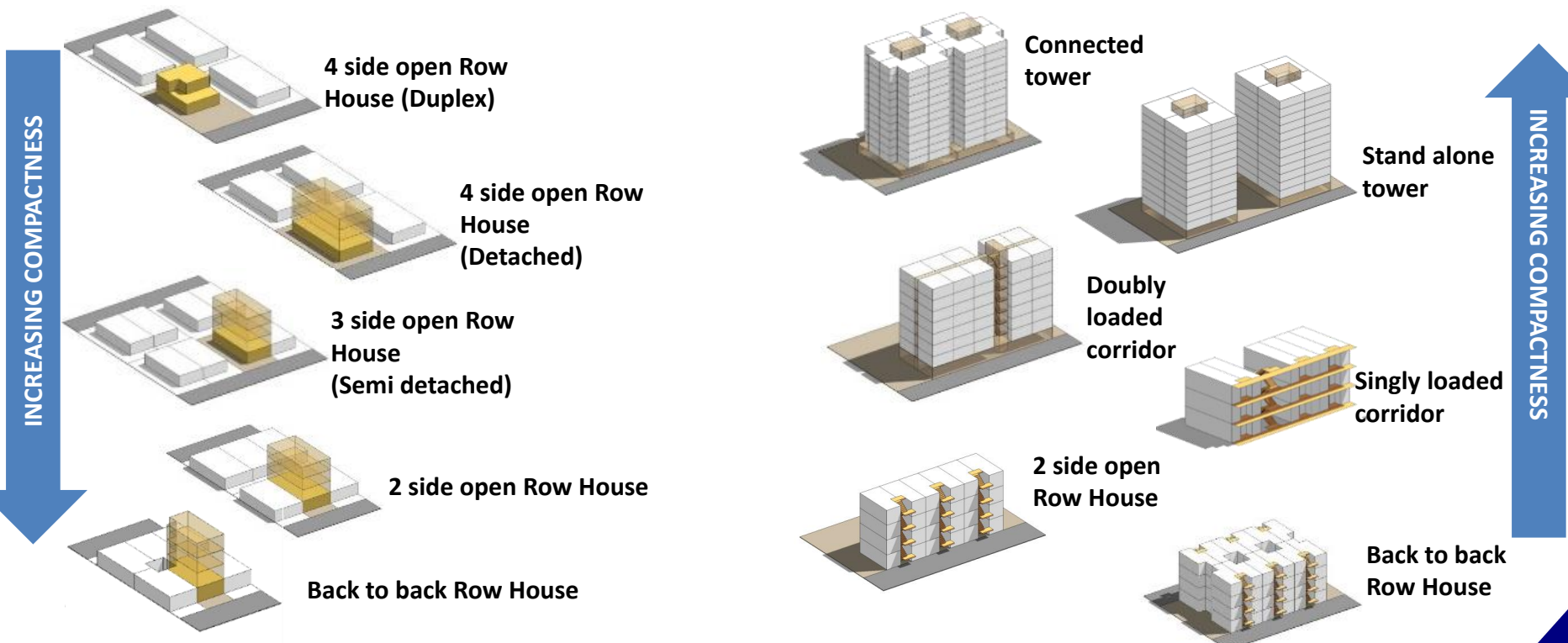
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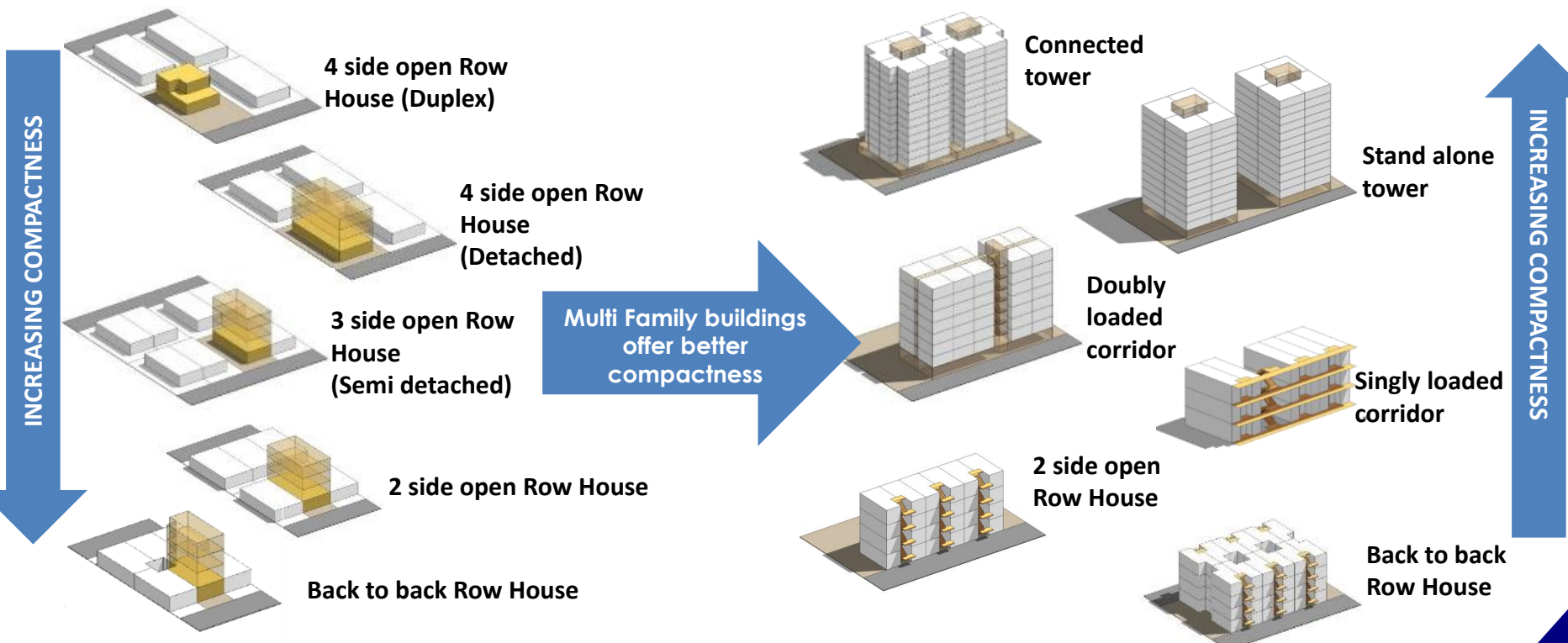
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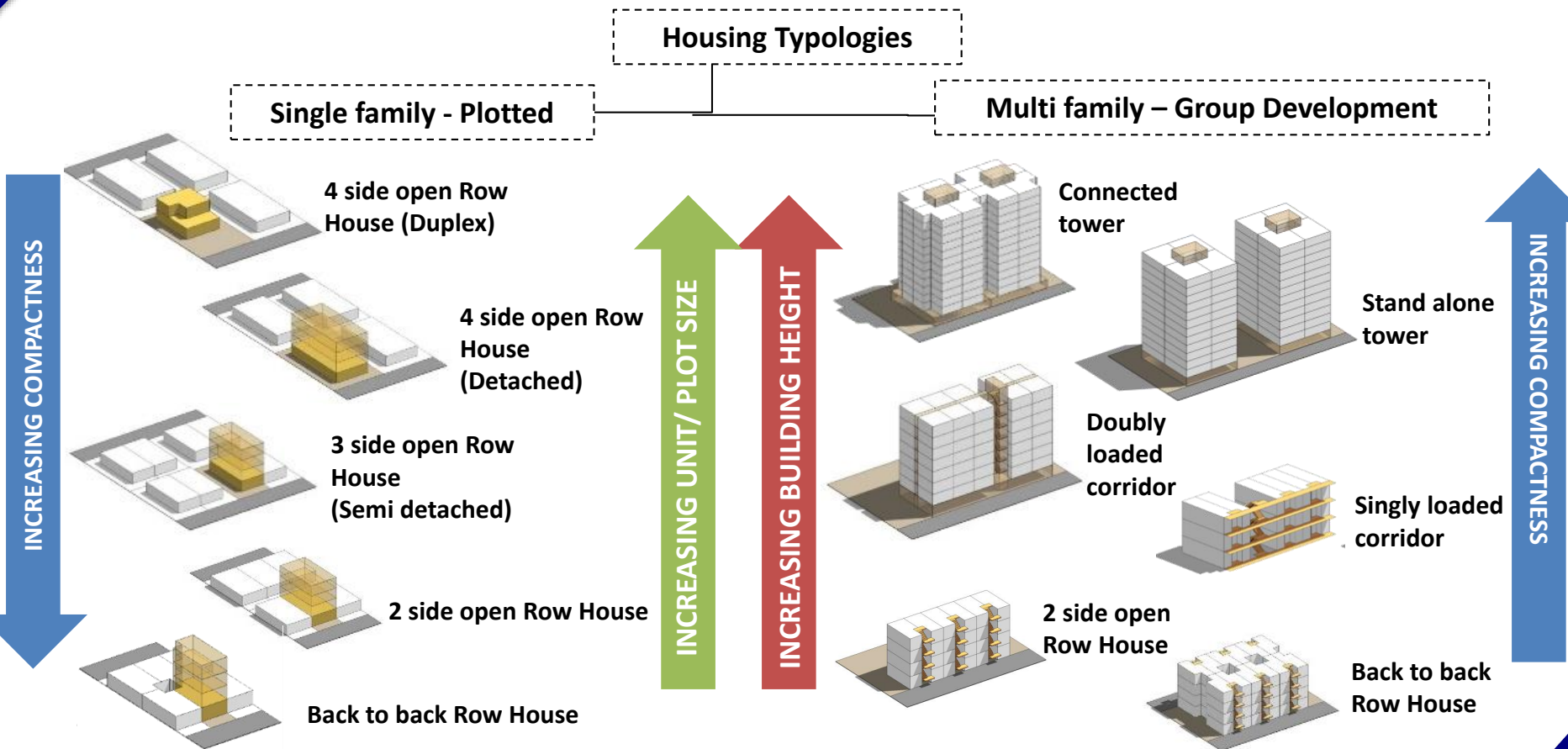
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Residential Typologies



Categorization of Residential buildings: Range of building types seen today





Residential Typologies



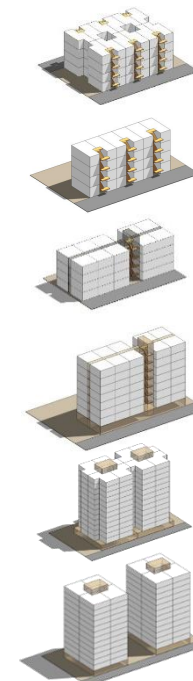
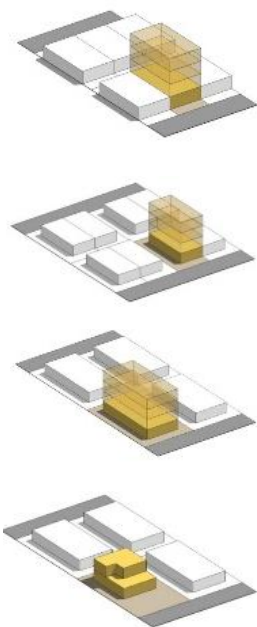
Categorization of Residential buildings: Range of building types seen today

Housing Typologies

Single family - Plotted

Multi family – Group Development

Low Rise (Building Height <=15m)						
Row House – 2 side open	1BHK (Plot area 80sqm)	2BHK (Plot area 160sqm)				
Row House – 3 side open (semi detached)			3BHK (Plot area 200sqm)	4BHK (Plot area 240sqm)	3BHK (Plot area 300sqm)	
Row House – 4 side open (detached)						3BHK (Plot area 375sqm)
Row House – 4 side open (duplex)						5BHK (Plot area 375sqm)





Residential Typologies

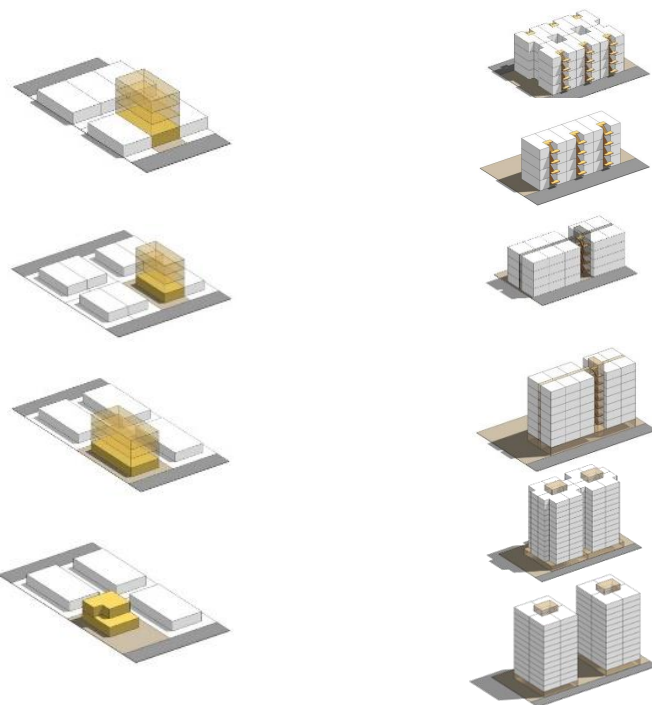


Categorization of Residential buildings: Range of building types seen today

Housing Typologies

Single family
- Plotted

Multi family – Group Development



Low Rise (Building Height <=15m)						
Back to back row house	1BHK (30sqm)	2BHK (41sqm)	3BHK (55sqm)			
2 side open row house	1BHK (32sqm)	2BHK (48sqm)	3BHK (62/68 sqm)			
Doubly loaded corridor	1BHK (30sqm)					
Mid/ High Rise (Building Height >15m)						
Doubly loaded corridor		1BHK (44sqm)	2BHK (65sqm)	3BHK (85sqm)		
Connected Towers			3BHK (105sqm)	3BHK (125sqm)		
Stand-alone Towers			3BHK (105sqm)	3BHK (125sqm)	3.5 BHK (156sqm)	4.5 BHK (225sqm)



Questions & Feedback

End of Session 1 – Replicable designs and Residential typologies

Please follow the link in the chat box to fill the feedback survey:

<https://www.surveymonkey.com/r/VKNTTPM>



Principles of planning Energy Efficient buildings

Session 2

Part A



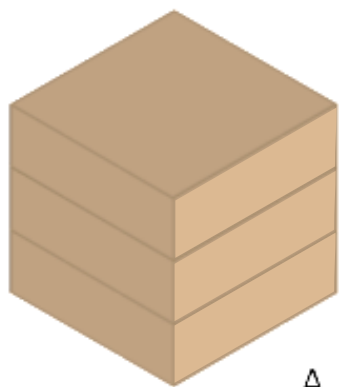
Principles of Planning



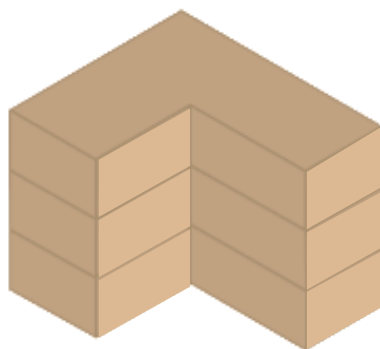
Compactness

Compactness = Envelope area to Floor Area Ratio

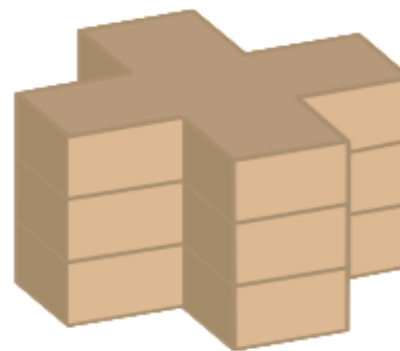
Compactness depends on the geometry of the building and it varies with typology



A



B



C

Surface to Volume ratio increase from A to C as the built form gets more complicated



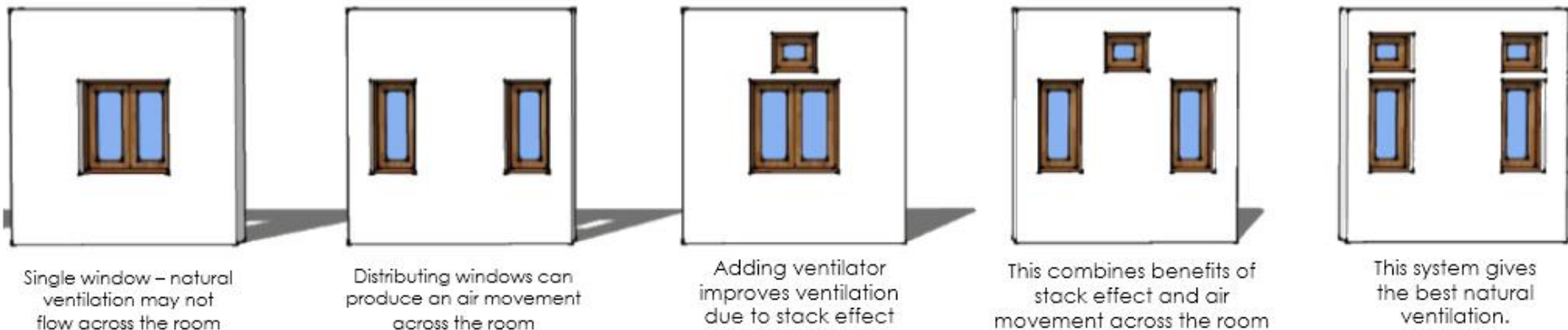
Principles of Planning



Protection from heat:

- Control Window to Wall area Ratio (WWR)
- Select external wall material for insulation value

Rate of heat Exchange



Comparison of different openings on façade with same WWR for heat exchange

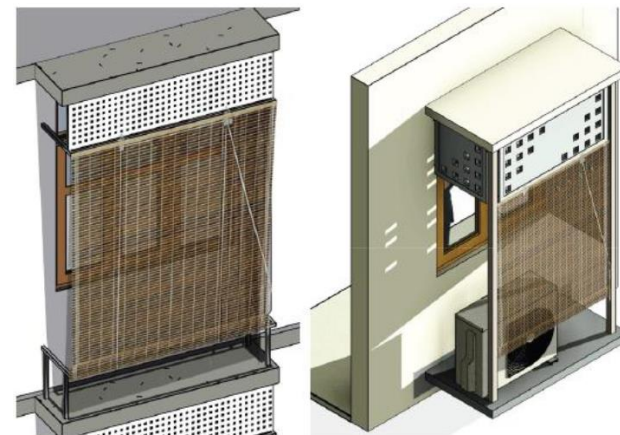
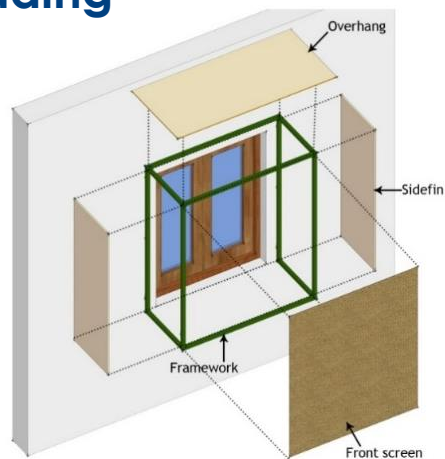


Principles of Planning

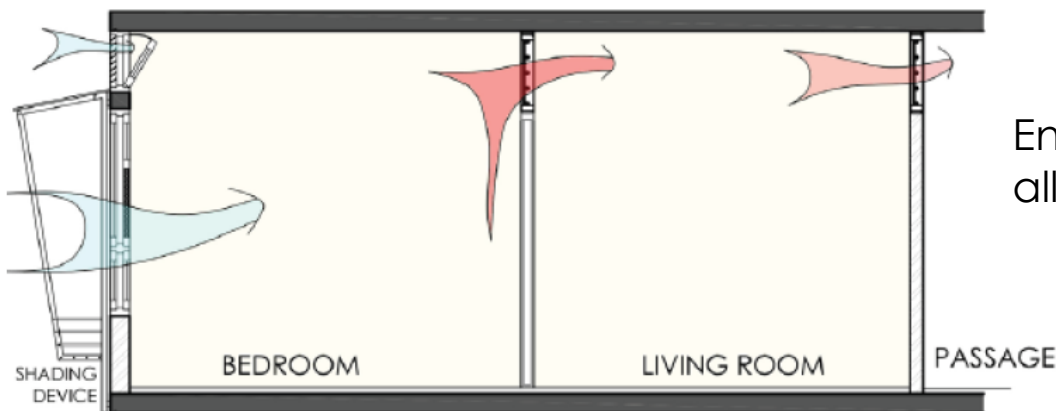


Protection through shading

Shading devices to cut Solar gains



Optimize openings & windows for ventilation



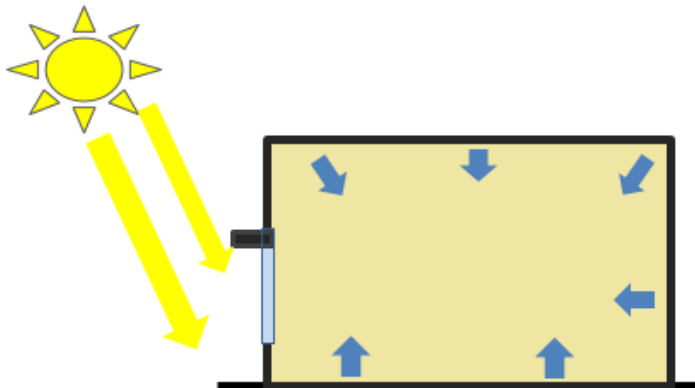
Ensure cross ventilation through all living spaces of the house



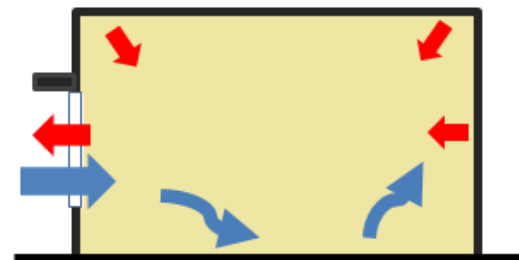
Principles of Planning



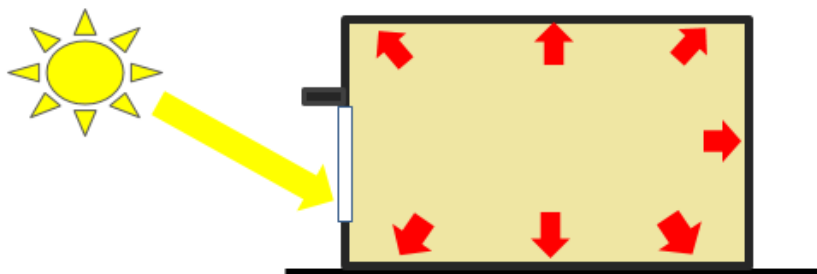
Use of thermal mass & solar gains to make the inside comfortable



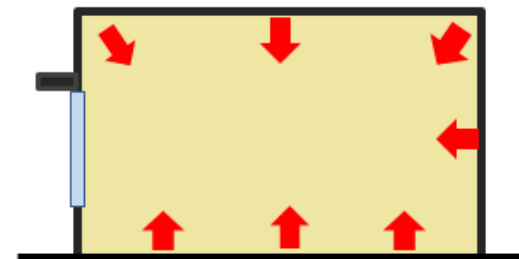
Summer Day: thermal mass will ensure delay in heat transfer to the inside



Summer Night: ventilation at night will help cool the building mass down



Winter Day: Solar heat gets stored in the built mass



Winter Night: the heat stored during the day is radiated inside



Principles of Planning



Passive Strategies adopted in different climate zones

CLIMATE ZONE	COMPACTNESS	SHADING	THERMAL MASS	INSULATION (ROOF, WALL, WINDOW)	VENTILATION	SOLAR ACCESS
Hot & dry (Aurangabad)	✓✓✓	✓✓	✓✓	✓	✓	
Warm & Humid (Bhubhaneshwar)	✓✓	✓✓	✓	✓ Roof & Walls	✓✓✓	
Composite (Lucknow)	✓✓✓	✓✓	✓✓	✓	✓	✓
Temperate (Bengaluru)	✓✓	✓✓	✓	✓ Roof	✓✓✓	
Cold (Srinagar)	✓✓✓	✓	✓✓	✓✓	✓	✓✓✓



Construction Methodology & Materials

Session 2

Part B

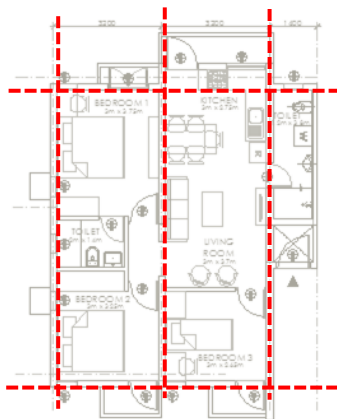


Construction Methodology



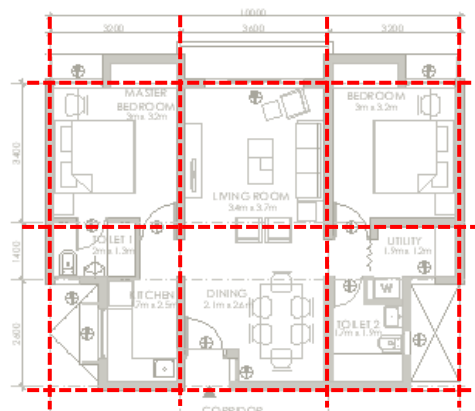
Structural system & materials:

- Commonly used structural systems that are available across the country have been adopted for the type designs :
 - Load bearing (constrained) masonry for buildings upto 4 storey high
 - RCC frame with Brick (or flyash) infill
 - RCC frame with Light weight concrete (AAC) blocks
- A simple structural grid is maintained. Grid sizes are appropriate for **economical residential construction**.

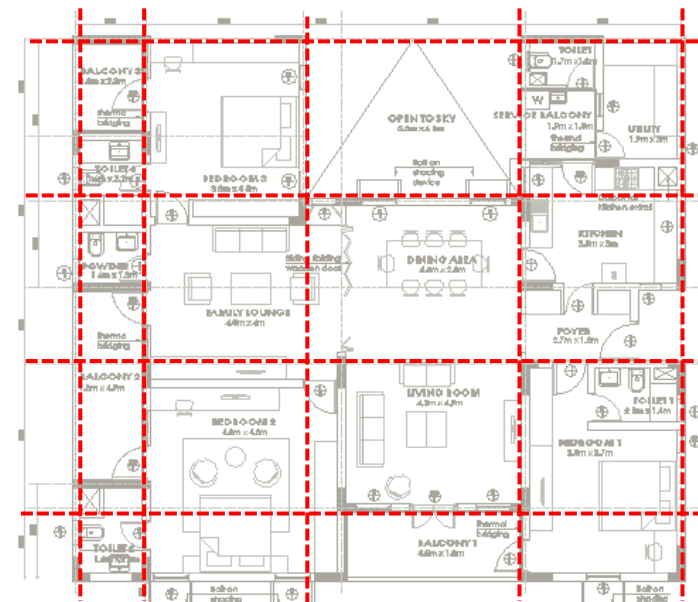


RH-2S-3bhk
Carpet Area- 62sq.m

2BHK Row house



2BHK Doubly loaded corridor



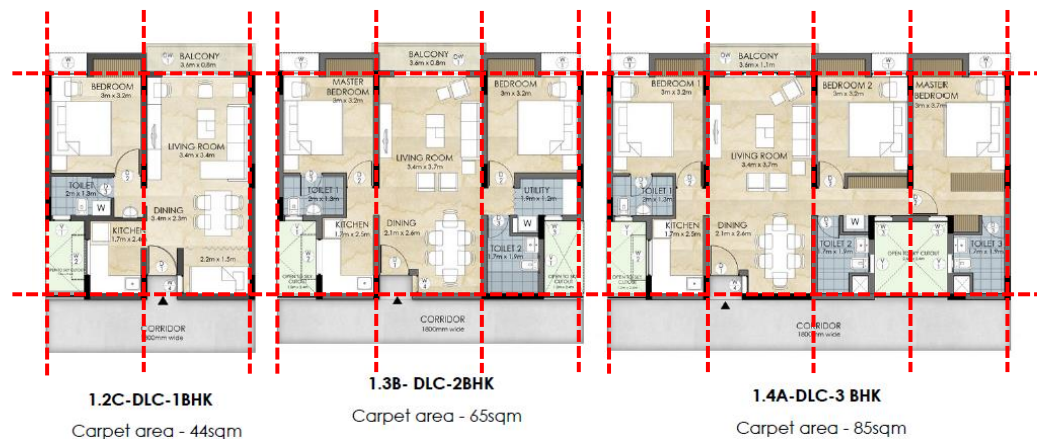
3BHK Tower



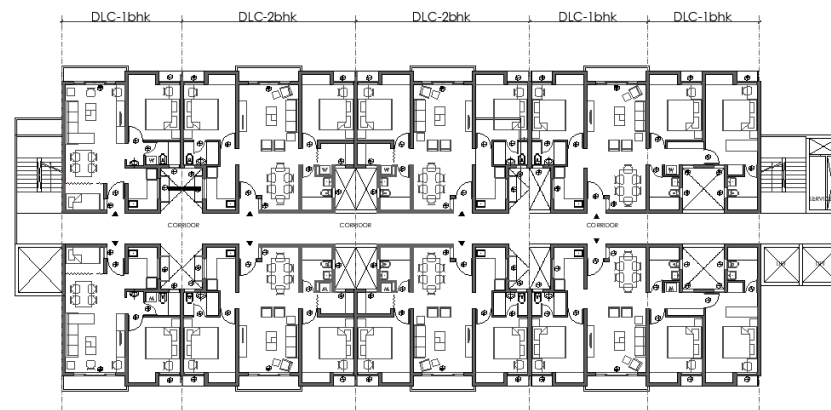
Construction Methodology



- Exploring **different house sizes** utilizing the **same grid pattern** for greater efficiency in construction processes.
- Each standard **bay** becomes a **module** which **repeats** to lend **different unit sizes** and configurations. Each typology has different size options varied by the number of bays.
- This allows **flexibility** in planning to have mixed housing in the multi-family blocks.



DIFFERENT UNIT SIZES



BLOCK LAYOUT



Construction Materials



Walling materials & sub-components:

- We have chosen materials and components such as doors and windows that are **commonly available today**.
- Alternative or more **advanced materials** & components are also explored and **adopted as incremental measures for improved energy efficiency**.



RCC frame with Burnt clay brick infill (or fly ash brick)



RCC frame with Light weight Aerated concrete (AAC) block infill



Thermo-insulated concrete block



Bamboo chik screen



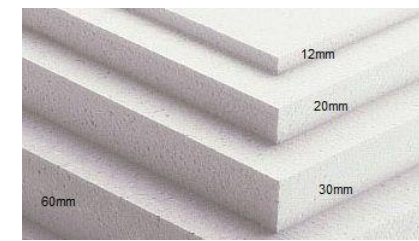
Rolled steel section windows



uPVC windows



Double glazed windows



EPS insulation



Questions & Feedback

End of session 2 –

Principles of planning energy efficient buildings

Construction material & methodology



Energy Performance

Session 3



Energy Simulation

The building design - architectural, mechanical and electrical systems will be replicated in the energy simulation software to analyze the energy data, design effectiveness, performance of different systems, energy demand, energy consumption etc.

Software used: Design builder/Energy plus

Outputs: Energy performance Indicators,
Life cycle cost, Payback
No. of hours of Natural Ventilation

Daylight Simulation

- Daylight simulation through software model is developed to calculate interior daylight levels in a space using real world weather data files for a specific location.
- **Software used:** Design builder
- **Outputs:** Useful daylight illuminance (Illuminance between 100 Lux and 3000Lux for at least 50% of the potential daylight time)



Approach for Energy performance



Passive design for Thermal Comfort & Higher Performance with Air-conditioned Comfort

- A **base case** representing the common present practice will be established w.r.t **ECBC-R** against which improved performance is measured.
- The simulations are carried out at dwelling unit level for all cases and at building level a few Exemplary Passive House cases.
- The standards of comfort as adopted by BEE for Eco-Niwas Samhita are followed, taking 1 room with Air-conditioned comfort and the remaining area of the house following **Indian Adaptive Comfort Standard**.

Standards or references

- ECBC-R
- BEE Residential building energy labelling program
- Indian Model for Adaptive Comfort (IMAC) standard

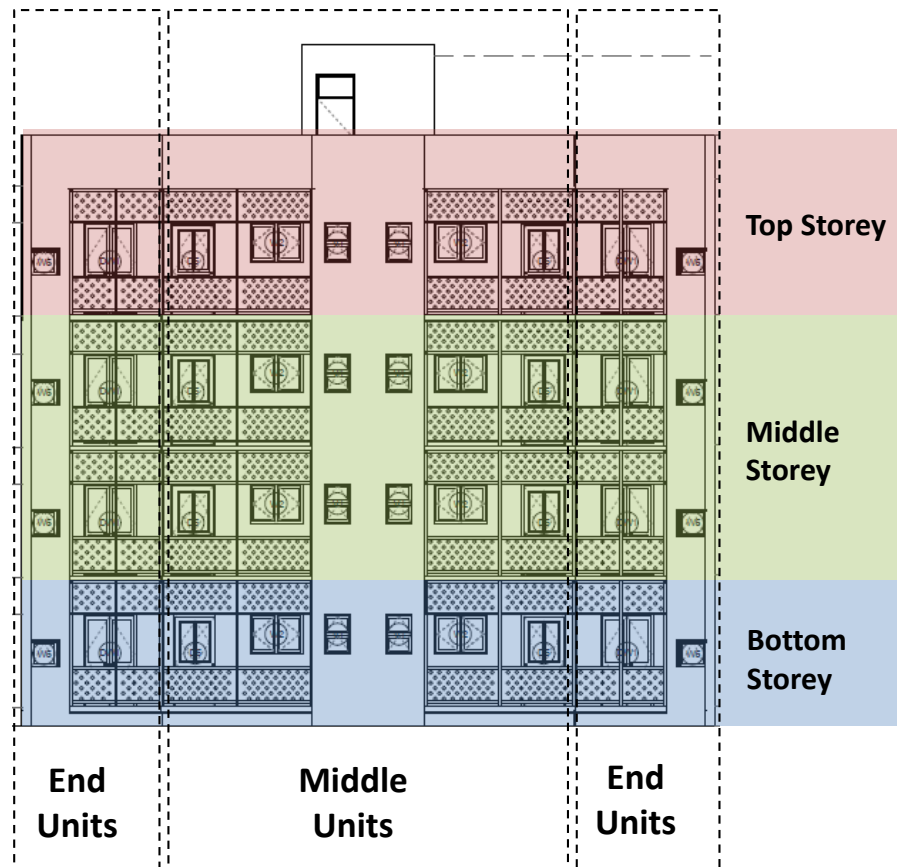


Energy performance – Variants based on location



Performance variants based on location of a Dwelling unit within a building in Multi-family homes

- Even when the unit plan is the same, it is interesting to note that the thermal performance of the unit varies according to its location within the building
- Homes of a given design are tested for **different locations within the building**:
 - Unit at the Edge
 - Unit in the middle of the building block
 - Unit on the Top floor, middle floor or bottom floor





Energy performance – Variants based on orientation

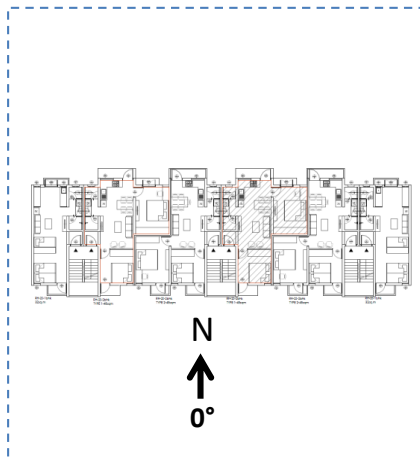


Performance variants based on location & orientation of a Dwelling unit within a building

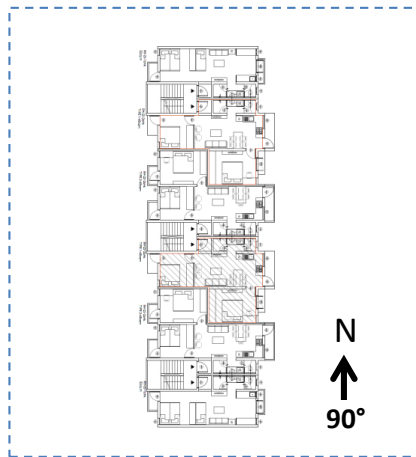
- **Orientations**

The above variants are in turn tested for **4 different orientations** with respect to true North.

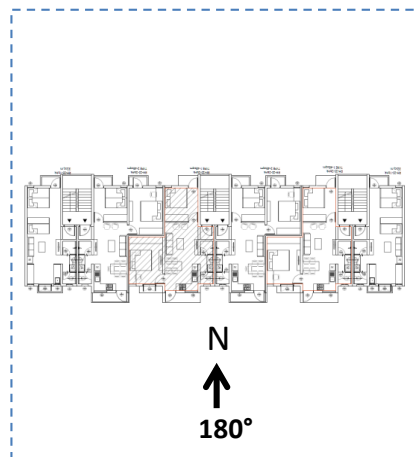
- The proposed design configuration is such that all unit variants meet the minimum standards of thermal performance.



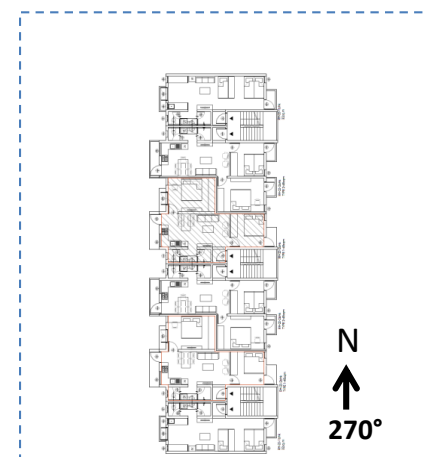
North



East



South



West



Key Performance Indicators



Indicators on energy performance and cost help compare the results across performance levels for the user to judge what they can achieve today & how they can progress in the future.

Performance Indicator		Remarks	Units	Simulation required
1 Building Envelop Efficiency	RETV	<ul style="list-style-type: none"> Base case to meet ECBC-R : RETV < 15 4 levels of energy efficiency leading to decreasing values of RETV as the envelop performance increases 	W/sq m	Calculation based on formula (wall area, window area, material properties)
2 Natural Ventilation Potential	Window to floor area ratio (WFR)	<ul style="list-style-type: none"> Meet min. standards of ventilation (WFR) as per ECBC-R min. requirements 		
3 Energy Efficiency	EPI	<ul style="list-style-type: none"> Meet ranges given in BEE star rating plan Energy saved, cost of energy saved and reduction in co2 emission by improvement to +3 	kWh/sq m/year	Energy simulation
4 Visual comfort	Day light potential	<ul style="list-style-type: none"> % of room area receiving 100 to 3000 lux daylight for 50% of the potential daylight hours 		Daylight (UDI)
5 Thermal Comfort		<ul style="list-style-type: none"> % of comfortable hours without AC 		
6 Cost effectiveness	Cost of construction & electro-mechanical equipment	Total cost, Additional cost of improvement to +3 levels from base level, Payback period in relation to level 1		



Energy performance status



- For each given design of a dwelling unit, 3 steps of incremental improvements in building envelop & equipment are proposed and their energy performance is reported.
- For some designs we propose the most advanced improvements and report the high performance achieved.

1. Base

- This is the minimum performance to meet the ENS code.

2. Moderate

- This step achieves a better performance from the basic with better construction material.

3. Good

- This is the ideal step of good performance with improved windows, shading & energy efficient electro-mechanical equipment.

4. High

- This step improves the building envelop and mechanical equipment to the best of latest available technologies.

5. Exemplary Passive House

- This is the ultimate step to get close to drastically reduced energy demand, which can then be easily covered by renewable energy while meeting global standards of comfort and air quality.

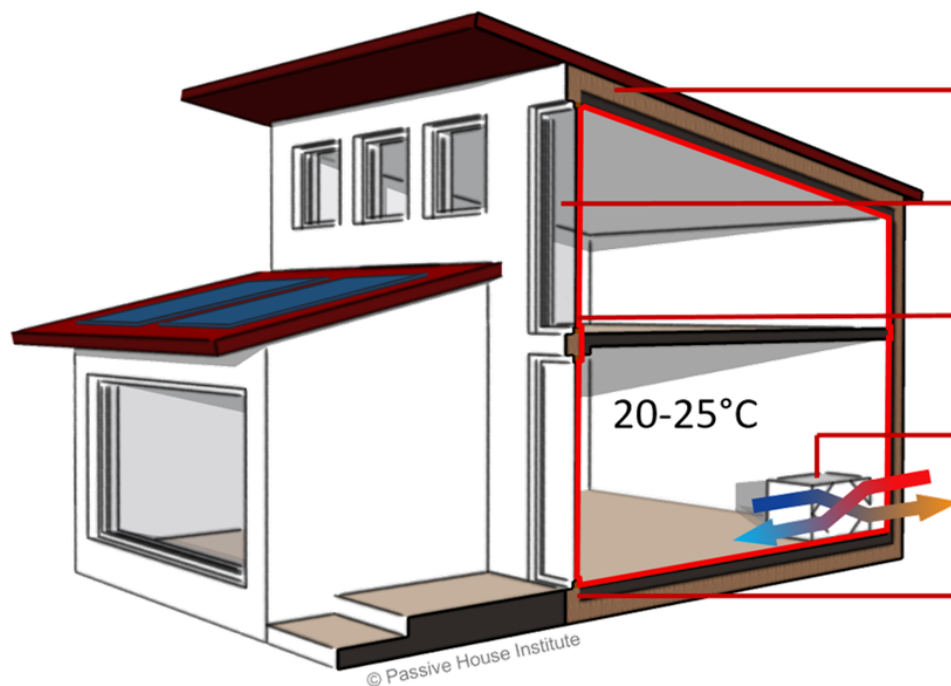


Exemplary Passive House - Principles



- High comfort according to ISO 7730, 20-25°C, 60% relative humidity
- Small energy consumption
- Improved air quality

5 Passive House Principles



Continuous insulation

Reduces heat losses/gains*

Passive House windows + shading

Enjoy/avoid* free solar gains

Continuous airtightness

Prevents drafts + moisture problems

Ventilation unit

With heat/humidity recovery*

Provides fresh air 24/7!

No thermal bridges

Limit weak points

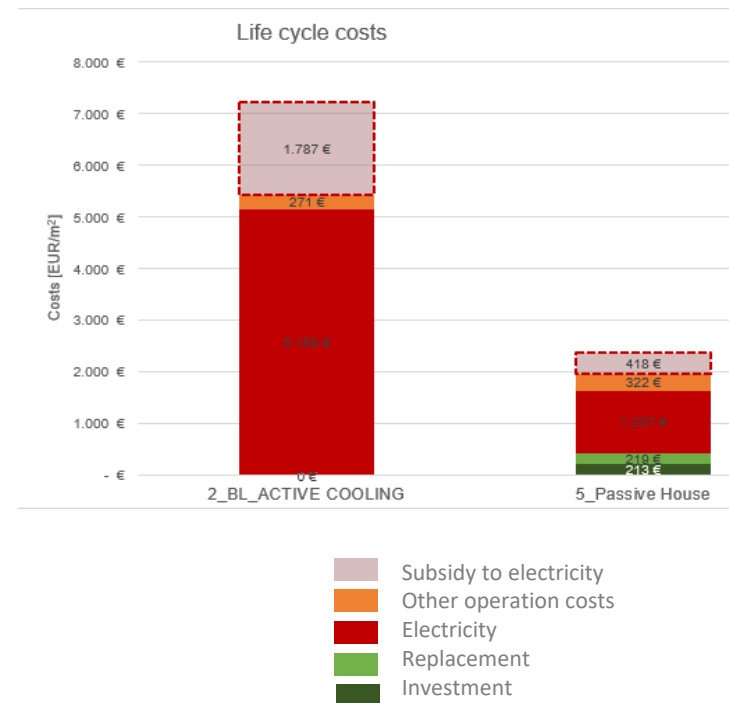
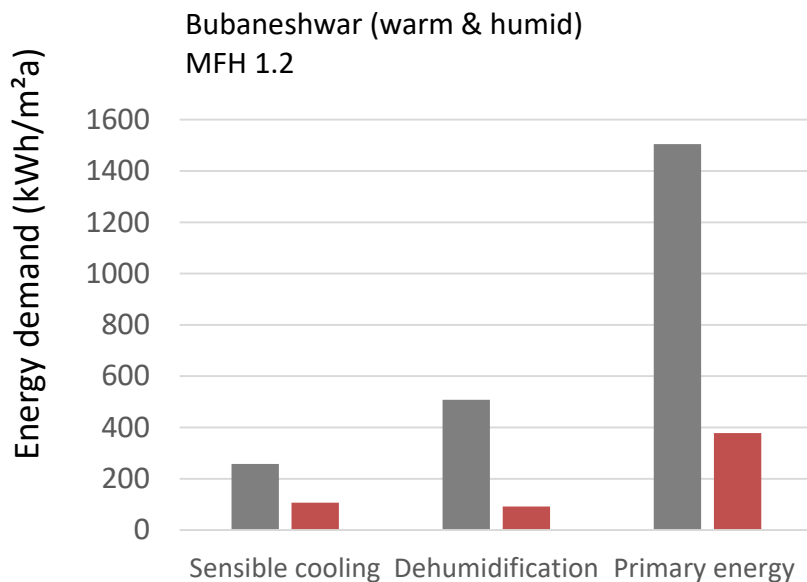
* Climate dependent



Exemplary Passive House - Energy performance



- **The Exemplary Passive House variant offers:**
- Global standards of indoor comfort.
- Up to 50% reduction in sensible cooling
- Humidity control
- Up to 70% reduction in primary energy demand
- Up to 60% reduction in Life Cycle cost

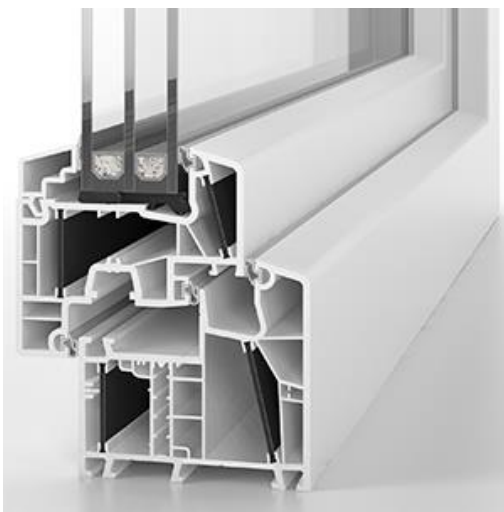




Exemplary Passive House - Components



The highest standards of comfort and energy efficiency are achieved through some advanced components of building construction.



© Aluplast

Double to triple glazing with insulated frame



© Zehnder

Ventilation with heat and humidity recovery



© Pro Clima

Airtightness tape



Questions & Feedback

End of session 3 –
Energy Performance



The Web-Tool package

Session 4



The Web Tool



All the work from this study set will be made available to the user through the web tool for all design typologies to understand the performance through the tool and then to be able to input their own specific details and get results.

This tool will be available at the Eco-niwas Website.

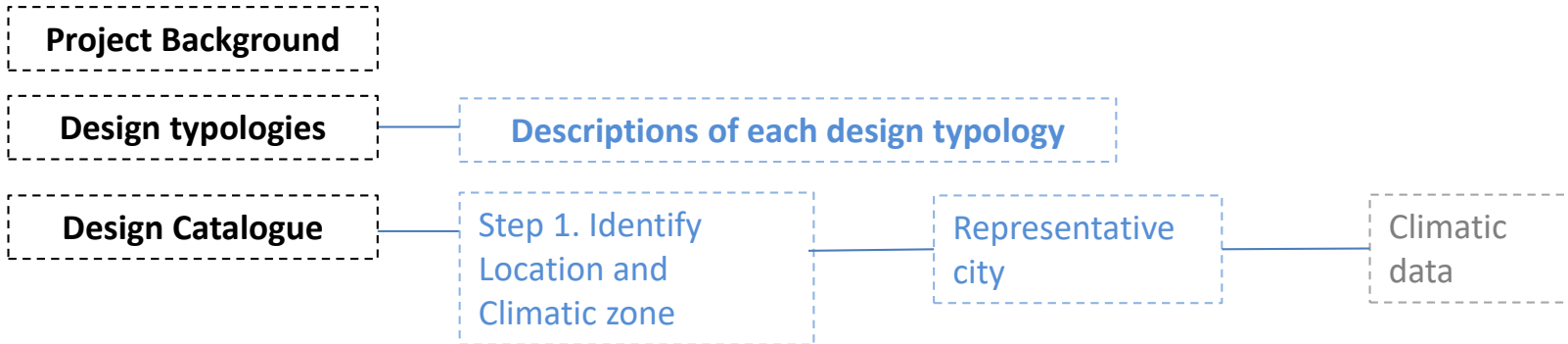
Project Background

Design typologies

Descriptions of each design typology



The Web Tool

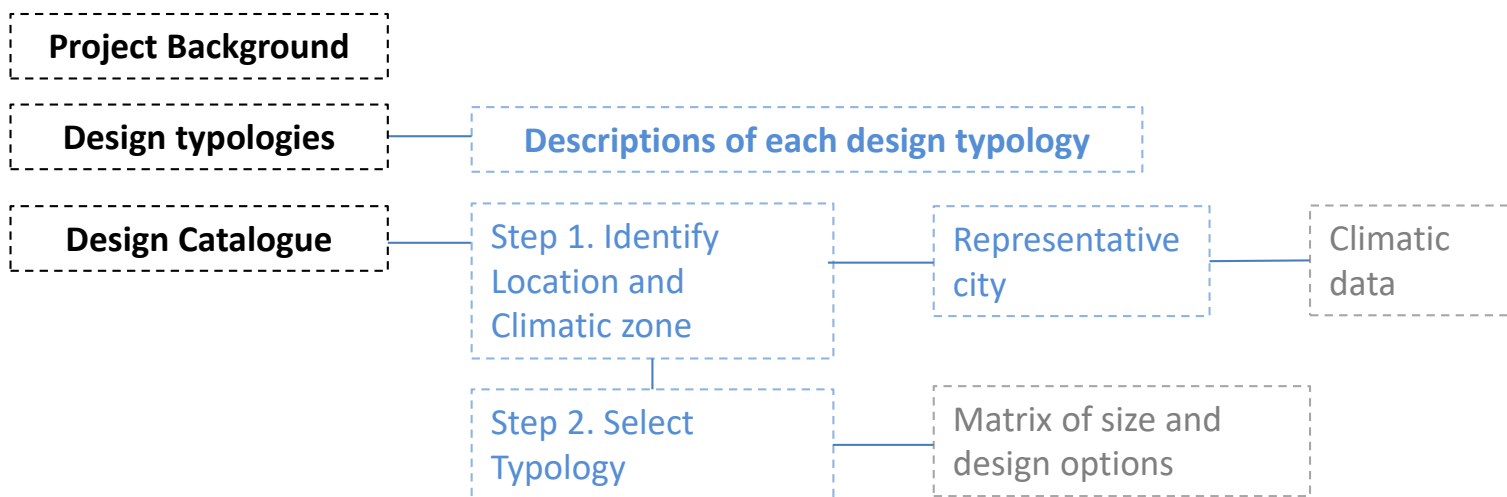




The Web Tool



The web-tool is designed to go into greater technical depth. It is designed to make information available to a large user base.

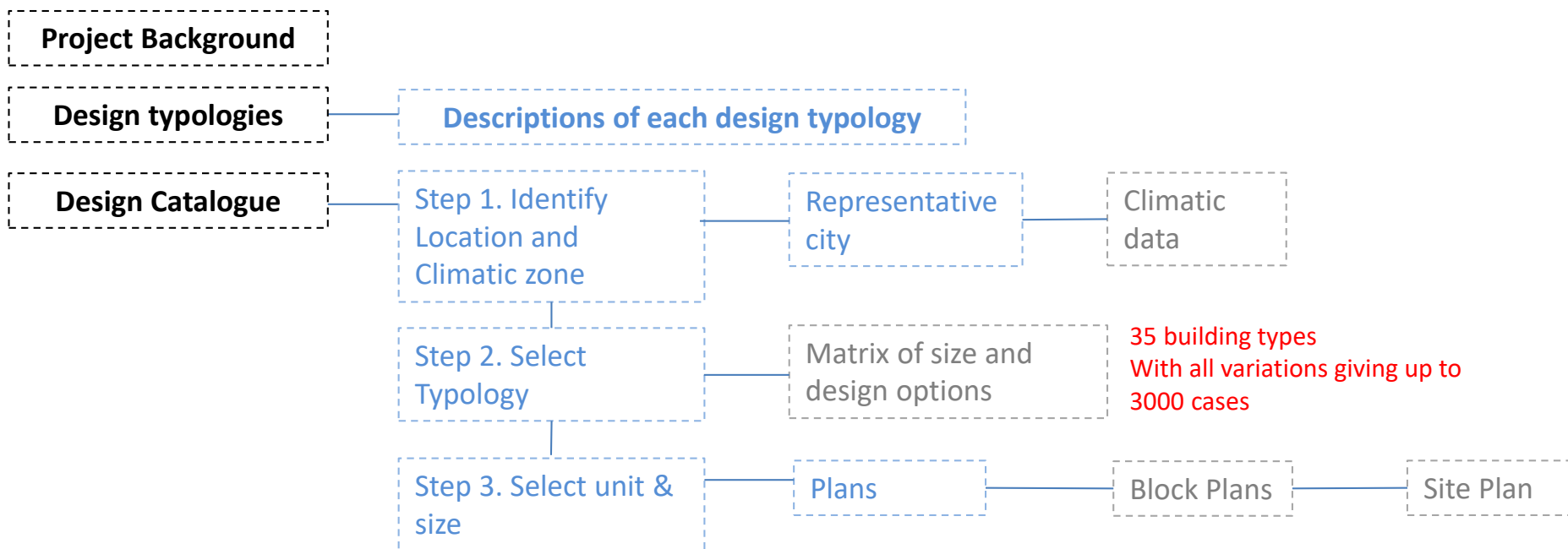




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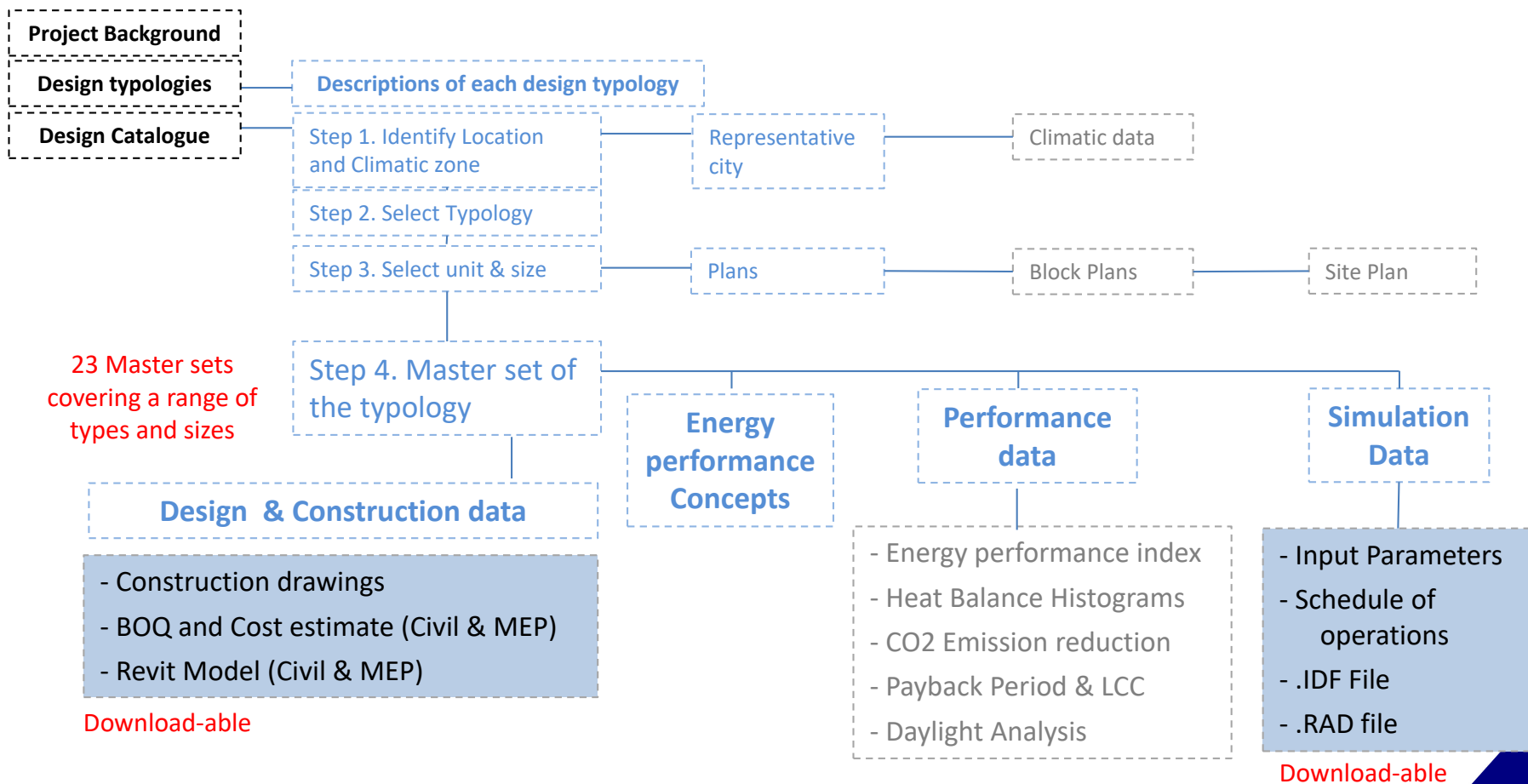




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Questions & Feedback

End of session 4 –
Web-Tool Package

Please follow the link to fill the feedback survey:

<https://www.surveymonkey.com/r/V8CQ2BZ>



Thank you



Implemented by



Knowledge Partner



ASHOK B. LALL ARCHITECTS

